

# SAMPLE MONTHLY MENU

## AM SNACK, LUNCH, PM SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1ST S= Cheerios L= Fettuccini, veggie breadstick S= Snack mix	2ND S= Fruit Bars L= Fish Sticks, rice Watermelon, S= String cheese & crackers	3RD S= Graham Crackers L= am/turkey & cheese sandwich w/chips S= Wheat Thins
6TH S= Waffles L= Corndogs, Fries, Oranges S= Goldfish	7TH S= yogurt & granola Pizza & Applesauce S= Animal Crackers	8th S= Pretzels & Apple L= Bean & cheese burrito, veggie S= Pirate's booties	9th S= French toast sticks L= Lasagna, veggie & breadstick S= granola bar	10TH S= Cheerios L= am/turkey & cheese sandwich w/chips S= Wheat Thins
13th S= Bagel w/cream cheese L= Chicken Nuggets & Tater Tots, veggie	14th S= Pretzels & mixed fruit L= Mac n' cheese, hot dogs, green beans, S= Go-gurt & goldfish	15TH S= Cheerios L= fettuccini, veggie, breadstick S= Snack mix	16TH S= Fruit Bars L= Fish Sticks, rice Watermelon, S= String cheese & crackers	17TH S= Graham Crackers L= am/turkey & cheese sandwich w/chips S= Wheat Thins
20TH S= Waffles L= Corndogs, Fries, Oranges S= Goldfish	21ST S= yogurt & granola Pizza & Applesauce S= Animal Crackers	22ND S= Pretzels & Apple L= Bean & cheese burrito, veggie S= Pirate's booties	23RD CLOSED	24TH CLOSED
27TH S= Bagel w/cream cheese L= Chicken Nuggets & Tater Tots, veggie	28th S= Pretzels & mixed fruit L= Mac n' cheese, hot dogs, green beans, S= Go-gurt & goldfish	29TH S= Pretzels & Apple L= Bean & cheese burrito, veggie S= Pirate's booties	30th S= Fruit Bars L= Fish Sticks, rice Watermelon, S= String cheese & crackers	31 <sup>ST</sup> CLOSED

